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PATIENT MEDICAL HISTORY REQUEST

Patient Name: _____ Patient Age: _____

Length of time suffering from the onset of _____ Chronic Proximal Plantar Fasciitis
 _____ months or years (circle one) _____ Chronic Lateral Epicondylitis

Other Dx _____

I have tried the following conservative treatments without relief: (check all that apply)

- | | | |
|--|---|-------------------------------------|
| <input type="checkbox"/> Cortisone Injections | <input type="checkbox"/> Physical Therapy | <input type="checkbox"/> Stretching |
| <input type="checkbox"/> Foot Supports (Orthotics) | <input type="checkbox"/> Night Splints | <input type="checkbox"/> NSAIDS |
| <input type="checkbox"/> Changes in foot gear | <input type="checkbox"/> Other _____ | |

Please provide a medical history of your condition with how it affects your personal life and your work, i.e. can no longer exercise, unable to stand for long periods of time and job requires standing. Please list all types of treatments, medication, or devices, prescribed and not prescribed, that you have tried for your condition. Please try to include dates. Have any of the treatments helped with your symptoms in any way?

 Signature of Patient

 Date